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Heart/Liver Supports
Support Your Heart with Coenzyme Q10

Not an enzyme, but a co-enzyme, CO Q-10 has a special biochemical role of major importance in our bodies: - the production of energy! Though we produce some CO Q ourselves, our ability to do so greatly decreases with age. And that is when health troubles seem to begin, because CO Q is vital catalyst in the creation of the energy that cells need for life. Our heart muscle has a crucial need for CO Q. when used in conjunction with standard treatments; CO Q has dramatically improved therapeutic outcomes of congestive heart failure, arrthymia, hypertension and angina pectoris. CO Q has also been shown to be effective in preventing the oxidation of LDL cholesterol, a major factor in cardiovascular disease. CO Q also hel-ps in the treatment of multiple sclerosis, Alzheimerís, lupus, asthma, allergies and periodontal disease.

Support your liver and manage blood sugar naturally... Alpha Lipoic

Acid Alpha Lipoic Acid is another huge favorite of ours for various reasons, we think the eminent researcher and physician Burt Berkson talks about it better than anyone else does. This remarkable coemzyme, which occurs naturally in younger bodies, but gradually diminishes with age, may very well be one of the best defenses- against disease and aging... Alpha Lipoic Acid modifies certain chemicals that are required for energy metabolism, thereby providing the means by which these essential substances can enter the mitochondrion (the powerhouse of the cell). Sufficient intake of Alpha Lipoic Acid can greatly increase the amount of fuel burned in the cell, thereby augmenting the amount of energy available to your body for tasks such as muscle movement, growth and repair of tissues. Scientific testing has confirmed ALAís ability to increase the sugar-burning capacity of insulin and in some cases has resulted in less insulin dependency. The fact alone makes Alpha Lipoic Acid a very valuable therapeutic agent and should supplement the diet of- diabetics.